

B R E A K F A S T

8^{a m} - 11^{30 a m}

Filmore English breakfast* 12

Gluten free grilled pork & herb sausages, smoked streaky bacon, mushrooms, grilled tomatoes & scrambled or poached eggs, served with our toasted wholemeal bread

Vegan English breakfast 9

Chickpea hash with spinach, Filmore smoked beans, turmeric roasted tomatoes, field mushrooms & watercress, served with our toasted vegan bread

GF DF VE

+ poached eggs 2.5

Summer porridge 5.5

served with raspberries, kiwis & chia seeds V

FOR DF ASK FOR SOYA OR ALMOND MILK | GF AVAILABLE

Sweet pancake 8

with Greek yoghurt, fresh berries & maple syrup GF V

Savoury pancake 9

with scrambled eggs, streaky bacon & maple syrup GF

Bacon bagel 5

with leaves and chutney or pesto

Toasted bagel 5

with banana & peanut butter V

Hummus eggs* 10

Poached eggs with Portobello mushrooms, spinach, tomatoes & pesto on toasted sourdough V

Toast* 3

with berry compote or honey V DF

GLUTEN FREE GRANOLA?

Why not take a bag home? GF VE DF 8

DID YOU TRY OUR COFFEE?

Filmore Coffee at home 7.95
100% ARABICA COFFEE

Vegan smashed avocado 9

Turmeric roasted tomatoes, orange, dill & ginger tofu, spinach & asparagus on vegan toast GF DF VE
+ poached eggs GF DF V 2.5

Free range scrambled eggs* 7

on toasted wholemeal bread V
+ smoked salmon or bacon 2.5

Smashed avocado 9

on rye bread with feta & roasted pears V
+ eggs 2.5

Egg white omelette* 10

with asparagus, feta, spinach, tomato, mixed leaves & toasted rye bread V

Filmore baked beans & smoked chickpeas in tomato sauce* 7

on toasted sourdough with poached eggs V

Poached eggs* 10

on sourdough toast with bacon & asparagus

Smoked salmon & scrambled eggs* 9.5

with spring onions on sourdough toast

Gluten free granola 7

with Greek yoghurt & summer fruits or berry compote GF V

BREAKFAST ADD-ONS

Smoked beans & chickpeas GF VE DF	2.5
Sweet potato wedges or fries GF V	4
Smoked streaky bacon GF DF	2.5
Grilled asparagus GF VE DF	2.5
Smoked salmon GF DF	2.5
Sliced avocado GF VE DF	2.5
Feta GF V	2.5
Free range scrambled or poached eggs GF DF V	2.5
Pork & herb sausage GF	2.5
Wilted spinach GF VE DF	2.5
Turmeric roasted tomatoes GF VE DF	2.5
Extra toast*	1.5

* FOR GF ASK FOR GLUTEN FREE VEGAN BREAD | **VE AVAILABLE
GF - GLUTEN FREE | DF - DAIRY FREE | V - VEGETARIAN | VE - VEGAN
PLEASE LET OUR STAFF KNOW IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS

LUNCH

NIBBLES 4.5

Maple chorizo | Spiced nuts

SHARERS

Fish board sumac & pink peppercorn king prawns, smoked salmon, pink grapefruit crab pâté
cucumber & cardamom pickle & flatbreads GF 15

Vegan sharing board mini chickpea cakes, smoked tomato & cashew dip, slow roasted tomatoes, aubergines &
dates, flatbreads, cucumber & cardamom pickle with tahini & lime kaffir sauce GF DF VE 10

DISHES

Soup* with toasted wholemeal bread VE DF 6.5

Tagine of the day with wholegrain basmati rice GF 12

Smashed avocado on vegan toast 9
with turmeric roasted tomatoes, orange, dill & ginger
tofu, spinach and asparagus GF DF VE
+ poached eggs GF DF V 2.5

Coconut and saffron chicken salad 11
served warm with broccoli & kale GF DF

Classic Caesar salad 12
with avocado, apple & lemon & cashew nutritional
yeast dressing GF DF VE

Choose from:

- Orange, dill & ginger tofu, cucumber & cardamom pickle DF VE
- Peanut butter chicken schnitzel & a soft boiled egg GF DF

Bacon ciabatta with leaves, chutney, sliced avocado & sweet potato wedges 9

Beef burger* with chorizo, smoked cheese, red onion marmalade, sweet potato wedges & tzatziki 13

ADD-ONS

Sweet potato wedges or fries** GF V 4
Smoked streaky bacon GF DF 2.5
Grilled asparagus GF DF VE 2.5
Smoked salmon GF DF 2.5
Free range scrambled or poached eggs GF DF 2.5
Kitchen salad 4
Kitchen side 4

GOODNESS BOWLS 12

Macro - Sweet & spicy celeriac slaw, chopped greens, miso sweet potato, smashed avocado, nori, sauerkraut, edamame beans with a spirulina, lemon & maple dressing GF DF VE

The Bench Press - Roasted sweet potato & curried cauliflower quinoa salad, spirulina bean salad, feta, avocado, dukkah eggs with a tahini & lime kaffir dressing GF V

With your choice of protein:

- Courgette & turmeric chickpea cake GF DF VE
- Peanut butter chicken schnitzel GF DF
- Smoked haddock & sweet potato fishcake GF DF

FILMORE CLASSIC BAGELS 8.5

served with green kitchen salad | available on plain or multi seed bagel

HOT JACKS*

Cajun & smoked paprika roasted chicken with red peppers & homemade guacamole

BACK TO BASICS*

Smoked salmon, cream cheese, dill, spinach & gherkins

SALT OF LONDON*

Salt beef, gherkins, sweet American mustard & mixed leaves

UNION STREET VEGGIE* v

Homemade hummus, spinach, roasted courgette, aubergine, butternut squash & caramelised red onions

WRAPS served with green kitchen salad 8.5

ROM'S CHICKEN SCHNITZEL

Peanut butter, apple & avocado

FILMORE STREET VEGGIE v

Feta, spinach, roasted courgette, aubergine & butternut squash

ADD Sweet potato fries or wedges GF V 4

BUILD YOUR OWN

All served with your choice of two kitchen salads or two kitchen sides

CHOOSE FROM

Peanut butter chicken schnitzel GF DF	10
Salmon fillet coated with flax & sunflower seeds & pink peppercorns GF DF	13.5
Smoked haddock & sweet potato fishcake GF DF	10
Courgette & turmeric chickpea cake GF DF VE	10
Smashed avocado on rye bread with feta & roasted pears V	11
Orange, dill ginger & tofu GF DF VE	11.5

KITCHEN SALADS

- Greens** - Mixed leaves with sweet potato, cucumber, tomato & mixed herbs GF DF VE
- Beans** - Butterbean, red pepper & mixed herb salad, spirulina with a lemon & maple dressing GF DF VE
- Slaw** - Sweet & spicy celeriac with a cashew, date & turmeric dressing GF DF VE
- Veg** - Curried roasted cauliflower, sweet potato & red quinoa with a coriander & sesame dressing GF DF VE

KITCHEN SIDES

- Fennel & maple roasted new potatoes** GF DF
- Slow roasted aubergines, dates & tomatoes** with a ras el hanout glaze GF DF VE
- Turmeric roasted cauliflower** with pistachio & tahini with a kaffir lime dressing GF DF VE

CAKES + DESSERTS

Filmore's famous chocolate brownie GF V	4.25
Vegan chocolate orange brownie with apricots, pistachio & hemp protein GF DF VE	4.25
Matcha & blueberry muffin GF DF VE	4.25
White chocolate & raspberry blondie GF V	4.25
Carrot cake muffin with cranberries, pecans & caraway seeds GF V	4.25
Granola bar with pecans, oats & agave syrup GF V	4.25
Super seed bar with coconut oil, prunes, macadamia nuts & apricots GF VE	4.1
Raspberry & polenta muffin GF V	4.25
Warm fruit scone served with honey or berry compote GF V	3.75
Turmeric scone with honey & Greek yoghurt GF V	3.75
Tealof with berry compote or honey GF V DF	4.1

AFTERNOON TEA FOR TWO*

Your choice of our Filmore classics

BAGELS | WRAPS

CAKES

SCONES

JUICE SHOTS

with Tea or Coffee 28 | with Prosecco 36

GLUTEN FREE AVAILABLE

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SUNDAY BRUNCH

ALL DAY

Filmore English breakfast*	12
Gluten free grilled pork & herb sausages, smoked streaky bacon, mushrooms, grilled tomatoes & scrambled or poached eggs, served with our toasted wholemeal bread	
Hummus eggs*	10
Poached eggs with Portobello mushrooms, spinach, tomatoes, pesto on toasted sourdough V	
Vegan English breakfast	9
Chickpea hash with spinach, smoked beans & chickpeas, turmeric roasted tomatoes, field mushrooms & watercress, served with our toasted vegan bread GF DF VE + poached eggs GF DF V 2.5	
Free range scrambled eggs*	7
on toasted wholemeal bread V + smoked salmon or smoked streaky bacon 2.5	
Sweet pancake	8
with Greek yoghurt, fresh berries & maple syrup GF V	
Savoury pancake	9
with scrambled eggs, streaky bacon & maple syrup GF	
Vegan smashed avocado	9
Turmeric roasted tomatoes, orange, dill & ginger tofu, spinach & asparagus on vegan toast GF DF VE + poached eggs GF DF V 2.5	
Granola	7
with Greek yoghurt & summer fruits or berry compote GF V	
Summer porridge	5.5
with raspberries, kiwis & chia seeds V FOR DF ASK FOR SOYA OR ALMOND MILK GF AVAILABLE	
Seasonal tagine*	12
with wholegrain basmati rice & lemon yoghurt GF	
Beef burger*	13
with chorizo, smoked cheese, red onion marmalade, sweet potato wedges & tzatziki	
Smashed avocado	9
on rye bread with feta & roasted pears V + poached eggs GF DF V 2.5	

GOODNESS BOWLS 12

Macro - Sweet & spicy celeriac slaw, chopped greens, miso sweet potato, smashed avocado, nori, sauerkraut, edamame beans with a spirulina, lemon & maple dressing
GF DF VE

The Bench Press - Roasted sweet potato & curried cauliflower quinoa salad, spirulina bean salad, feta, avocado, dukkah eggs with a tahini & lime kaffir dressing GF V

With your choice of protein:

- Courgette & turmeric chickpea cake GF DF VE
- Peanut butter chicken schnitzel GF DF
- Smoked haddock & sweet potato fishcake GF DF

BAGELS served with green kitchen salad 8.5
PLAIN OR MULTI SEED BAGEL

HOT JACKS*
Pimento roasted chicken with red peppers & homemade guacamole

BACK TO BASICS*
Smoked salmon, cream cheese, dill, spinach & gherkins

SALT OF LONDON*
Salt beef, gherkins, sweet American mustard & mixed leaves

UNION STREET VEGGIE* v
Homemade hummus, spinach, roasted courgette, aubergine, butternut squash & caramelised red onions

WRAPS served with leaf salad 8.5

ROM'S CHICKEN SCHNITZEL
Peanut butter, apple & avocado

FILMORE STREET VEGGIE v
Feta, spinach, roasted courgette, aubergine & butternut squash

BRUNCH ADD-ONS

Smoked beans & chickpeas GF DF VE	2.5	Wilted spinach GF VE DF	2.5
Sweet potato wedges or fries GF V	4	Sliced avocado GF VE DF	2.5
Smoked streaky bacon GF DF	2.5	Feta GF V	2.5
Grilled asparagus GF VE DF	2.5	Turmeric roasted tomatoes GF VE DF	2.5
Smoked salmon GF DF	2.5	Pork and herb sausage GF	2.5
Free range scrambled or poached eggs GF DF V	2.5	Extra toast*	1.5

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