

Lunch Menu served 12-3

Light Bites £5.25

Toasted Cheese Scone
topped with humous and sweet figs served with a honey
glazed carrot and pomegranate salad (V)

Sweet Chilli Pork Pie
with baby beetroot homemade chutney and rocket

Toasted Ciabatta
topped with mozzarella, fresh tomato & nut free pesto
served with a rocket & pomegranate side salad (V)

Sandwiches, Bagels and Wraps £6.95 (AGF)

on farmhouse white, granary or gluten free bread,
in a toasted bagel or as a wrap
all served with a side of crisps and seasonal salad
garnish

Mango Chicken Mayo with Tomato & Spinach

Roast Ham, Mature Cheddar and Onion Chutney

Goats Cheese and Beetroot

Roast Chicken, Avocado and Tarragon Mayo

Houmous, Beetroot & grated carrot & courgette (VE)

Tuna Mayonnaise and Cucumber

Mains £8.50

Homemade Quiche of the day, oven baked and served with a
seasonal salad (V)

Smoked Salmon Avocado & Orange Salad

Smoked Salmon & Avocado served on a rocket salad with Orange
segments then finished with balsamic glaze and a lemon
wedge (Gf)

Warm Pesto Chicen Salad

Roasted Chicken breast pieces blended with nut free pesto &
served with pan fried cherry tomatoes and courgette strips on
a bed of spinach & rocket, sprinkled with sunflower seeds &
grated parmesan & balsamic glaze (GF)

Platters £10.75

Ploughman's - delicious sweet chilli pork pie, onion
chutney, selection of British cheeses, black grapes,
pickled onions and crunchy apple served with farmhouse
bread and butter

Mediterranean Platter - salami, prosciutto, fresh
mozzarella, sweet figs, rocket and sunflower seed salad
and olives, served fresh ciabatta bread and oils for
dipping & a pot of nut free pesto

Veggie Platter £8.75

Humous and warm ciabatta, olives, sun dried tomatoes,
brie with redcurrant jelly and oatcakes, carrot and
apple salad, and beetroot with sesame seeds (V)

Allergens

Do let us know if you have any food allergies or intolerance and we will be happy to advise you on our menu.
For gluten free items please be aware that although our kitchen is not entirely gluten free the greatest of care is taken when preparing your meal.

(V)vegetarian (VE) vegan (GF) gluten free (AGF)available as gluten free (CN) contains nuts